



Judith Locke

- Keynote Monday 11 May

Dr Judith Locke is a registered clinical psychologist, former teacher, school counselor and workplace trainer. As the Director of Confident and Capable®, she presents to parents, teachers and students at schools around Australia, to ensure parents and teachers encourage essential life skills in children. Judith also provides clinical assistance for families and individuals in her private practice in Toowong, Qld.

Judith undertakes research at QUT, investigating modern parenting, family wellbeing, and academic environments. Her psychological commentary features regularly in the media, including a weekly parenting column for News Corp. Judith is a member of both The Australian Psychological Society (the APS) and the APS College of Clinical Psychologists. Her first book is called *The Bonsai Child: Why modern parenting limits children's potential and practical strategies to turn it around.*